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\$10,000 BOUNTY AWARDED AS USA 1 MILE CHAMPION DAVID TORRENCE BREAKS 4:00 MILE
3,200 runners took part in the 5th annual Medtronic TC 1 Mile on Nicollet Mall in Minneapolis

(Minneapolis, MN) –With a lightening-fast performance, David Torrence (23) of Oakland, CA broke the four-minute time bounty with a first-place finishing time of 3:59.3 (unofficial). The first place finish means he walked away with \$14,000 in a race he predicted in a press conference earlier in the day. Wrestling for first the last 100 yards, Jon Rankin left it all on the road coming in second with an unofficial time of 4:01.7 and Bobby Curtis (23) of Philadelphia, PA finished third with a time of 4:02.0.

“This was a great start for the USA 1 Mile Road Championships,” said Jim Estes, USATF Associate Director of Marketing and Long Distance Running Programs. “Thanks to the partnership with the Medtronic TC 1 Mile, it’s great to see an emerging star like David Torrence win a US title. Events like this are important because it gives David and his fellow athletes the chance to step up and perform at the championship level. The \$10,000 bonus for breaking 4:00 on this course means a lot to an emerging athlete and he earned every penny of it.”

Shannon Rowbury (24) of San Francisco, CA brings a second championship title from the race back to California with her 4:33.4 finish, shy of the 4:28 bonus, but still picking up \$4,000 for her first place finish. Sara Hall finished second behind Rowbury, in a repeat of the Brutus Hamilton Invitational in April, finishing in 4:39.1. And Sara Vaughn (23) of Boulder, CO finished in a close third at 4:41.3

Nearly 3,000 runners came out for the 5th annual Medtronic TC 1 Mile. Organizers say the great spring weather really energized the field. “We had more than 1,000 runners in the first wave of the race tonight,” said Twin Cities Marathon, Inc. executive director Virginia Brophy Achman. “It’s powerful to see that many people running down the Nicollet Mall. We want to thank all the runners and spectators for coming out tonight to help us celebrate the 5th annual Medtronic TC 1 Mile.”

There were 25 teams in the Corporate Team Challenge, and 25 states were represented.

The race can be seen online on Flo Track at <http://www.flotrack.org/videos/coverage/view/234973-medtronic-tc-1-mile>. Results can be found at http://runner.onlineraceresults.com/event/view_event.php?event_id=3411.

About Medtronic TC 1 Mile

The fifth annual Medtronic TC 1 Mile will take place along the Nicollet Mall in Minneapolis, Thursday, May 7 beginning with the mass wave at 6:50 p.m. This annual celebration of spring recognizes runners and walkers and the beauty of running an urban mile. Cheers Zones for spectators include outdoor seating spots at Brits Pub, Dakota Jazz Club, The Local, McCormick & Schmick’s, News Room, Spikes at the Hyatt, and Zelo. Photos for use by the media may be found at <http://www.competitiveimage.us/running/TC109-Media/index.html> and participant photos are available for purchase at http://www.asiorders.com/view_event.asp?EVENTID=47876

About Twin Cities Marathon, Inc.

Twin Cities Marathon, Inc. is the non-profit organization that organizes running events throughout the year, including the 5th Annual Medtronic TC 1 Mile, 28th Annual Medtronic Twin Cities Marathon, 11th Annual Medtronic TC 10 Mile, 23rd Annual Medtronic TC Family Events & TC

5K and Medtronic TC Kids Marathon program and related events, as a community service for the Minneapolis/St. Paul area. Visit mtcmarathon.org for more information and on our [Twin Cities Marathon, Inc. page](#) on Facebook.

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